# Build a KidSitter Kit

Never take a toy or a book that is special to you, unless you are willing to risk its destruction.

**Avoid toys with small parts that could choke!**

- ✔ Coloring Books & Crayons
- ✔ Play Dough
- ✔ Children’s Books
- ✔ Stuffed Toys & Plastic Toys
- ✔ Age-appropriate Puzzles
- ✔ Bubbles, Sidewalk Chalk
- ✔ Dolls, Cars, & Trucks
- ✔ Paper Bags for Puppets
- ✔ Clothes in case of an accident
- ✔ Your own First Aid Kit
  (With kid band-aids & antibiotic ointment.)

# Kids Song List

Young children love to sing, especially songs they can sing over and over.

Any songs, including those using simple instruments, that you have learned at camp, church, from your friends, or at school are also a plus.

Use big hand motions and be funny. This will help the kids see that you are not just there to watch them, but also to be a friend. Be an entertainer. Have fun!

- I’ve Been Working On The Railroad
- Wheels on The Bus
- My Bonnie Lies Over The Ocean
- Ring Around the Rosie
- Twinkle Twinkle Little Star
- She’ll Be Coming ‘Round The Mountain
- Here We Go Loopty Loo
- This Old Man
- Yankee Doodle Dandy
- Itsy Bitsy Spider
- Down By The Station
- ABC Song
- London Bridge
- Are You Sleeping
- Mary Had A Little Lamb

# - Games & Activities -

**Games**

- Simon Says
- Mother May I?
- I Spy
- Hide & Seek
- Follow The Leader
- Make Believe
- Capture the Flag
- Four Square
- Hopscotch
- Jump-rope
- Tag

**Activities**

- Play with Play Dough
- Have a Tea Party
- Sing Songs
- Paper Bag Puppets
- Scavenger Hunt (*indoor/outdoor*)
- Watercolor Painting
- Paper Maché
- Cat’s Cradle
- Musical Chairs
- Telephone
- Freeze Dance
### House Rules or Instructions For:

- **TV:**
- **Computer/Tablet:**
- **Phones:**
- **Movies:**
- **Meals:**
- **Snacks:**
- **Friends Over:**
- **Visiting Friend’s House:**
- **Field Trips:**
- **Bedtimes:**

### Number of children:

<table>
<thead>
<tr>
<th>Name</th>
<th>Age</th>
<th>Weight</th>
<th>Allergy/Meds</th>
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### Number of Pets:

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### Favorite's Favorites:

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<tr>
<th>(Child's Name)</th>
<th>Food</th>
<th>Toy</th>
<th>Book</th>
<th>Hobby</th>
<th>Craft</th>
<th>Sport</th>
<th>Game</th>
<th>Activity</th>
<th>Music/Song/Artist</th>
<th>Instrument</th>
<th>Movie</th>
<th>TV Show</th>
<th>Video</th>
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### What Kids Like To Do

**Most infants like:**
- to be held, rocked, tickled, sung to, or read books with colorful pictures.
- to hear you say what you are doing, like feeding, etc.
- short walks outside or inside the house. (Describe what they see, touch, smell, & hear or count objects while pointing them out.)
- to play peak-a-boo by hiding behind a towel or a mirror.
- music and fingerplays (pat-a-cake, etc.), or roll a ball.

**For Toddlers add:**
- dump, fill, move, put together, and take apart.
- run, jump, hide, climb (leaves, pillows, snow).
- play pretend (house, store, library, zoo, museum, bank).
- sing or dance, imitate you, sweep, etc.
- paint with water, play with cups/lids in water.
- tricycle, slide, swing, climb jungle gym, play ball.
- play Hide & Seek, Simon Says, & London Bridge.
- build with blocks or Legos.
- search for rocks, leaves, etc.

**Most school-agers like:**
- athletic or competitive games, races.
- trips to gardens, museums, libraries, etc.
- camping, fishing, biking, hiking, picnics, amusement & waterparks.
- board games: Monopoly, Scrabble, Candyland, checkers, chess.
- card games: Uno, Go Fish.
- computer games or educational videos.
- making favorite snacks (Rice Krispie Treats, PB&J, etc.)
- putting on a play with costumes and props.
- making crafts like jewelry, candles, and sand art.
- rulers, scales, magnets, thermometers, magnifying glasses, balls, binoculars.
- planting in a garden.

**For teens add:**
- shopping.
- eating out.
- going to movies.
- watching TV.
- computers.
- solitary games & privacy.

### Indoor Ideas:
- Draw, Paint, Finger Paint
- Board Games
- Dress Up
- Nature Journal
- Legos
- Read Aloud, Reading Club
- Coloring
- Puzzles
- Card Games
- Tea Party
- Press Flowers
- Blocks
- Take Photos
- Play Instruments, Sing
- Read Newspaper, Discuss Current Events

### Outdoor Ideas:
- Library, Museum, Zoo
- Theatre
- Park, Hike
- Bike
- Swim, Beach
- Sprinkler
- Water Garden, Weed Garden
- Catch Bugs, Find Worms
- Build Fort
- Kick Ball
- Sandbox
- Finger Paint
- Rake Leaves
- Leaf Paths
- Bubbles
- Wash Car
- Sidewalk Art

### Messy/Noisy Ideas:
- Cardboard Sculptures
- Pom-pom Creatures
- Make Glue
- Make Slime
- Rubber Stamps
- Face Painting
- Play Dough
- Glitter/Glitter Pens

- Glue Pens
- Snip, Rip, Glue
- Collage
- Paper Maché
- Clay
- Make Music
- Sew
- Cook
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